

# Supplemental Health Care<sup>SM</sup>

STAFFING SPECIALISTS

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## 3 New Reasons Why You Should Call Supplemental Health Care!



Oregon Health Science University Hospital  
and Downtown Portland, OR

OHSU Hospital is the largest teaching hospital and trauma center in the state of Oregon. This gives our nurses the opportunity to learn cutting edge treatment modalities within an academic setting, where new knowledge is acquired every day. Top pay for qualified RN's who are ready to hit the ground running in areas such as OR and Trauma ICU. Portland is the largest city in OR and is known for its lush green scenery which includes beautiful Mt. Hood. Portland has an extensive public transportation system including light rail making it unnecessary for a car. The outdoor enthusiast will love the Portland area with its extensive network of bike/hiking trails within the city limits. The rugged Oregon coast is just over a 40 minute drive and provides some of the most breathtaking scenery in the world.



Carson Tahoe Regional  
Medical Center &  
Mountainous  
View in Carson City, NV

Carson Tahoe Regional Medical Center is the largest hospital in Carson City, NV. Recently expanding its Cardiac Care capabilities, Carson Tahoe is actively seeking experienced CVU RN's. Carson City and Northern Nevada offers our travelers 320 days of sunshine a year. Nevada's capital city is 30 minutes south of Reno and 30 minutes east of Lake Tahoe - this region is one of the fastest growing in the country and offers a moderate climate and beautiful vistas.



Alaska Psychiatric Institute &  
Downtown Anchorage, AK

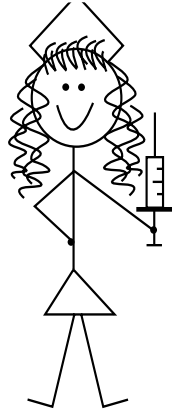
Alaska Psychiatric Institute, the state's largest psychiatric facility is seeking psychiatric nurses to work various shifts in Anchorage. Contact your SHC recruiter to discuss this opportunity in more detail. Anchorage the state's largest city provides a plethora of winter activities including downhill and cross country skiing, hiking, and observing the Northern Lights. Anchorage awaits our adventurous traveler who is ready for a unique experience in the country's largest state.

Call Supplemental Health Care today at 1.800.543.9399 to discuss these opportunities. Our recruiting staff is ready to assist you in starting your new adventure in some of America's best hospitals in some of the most exciting areas of the country. Discover why "when quality, service and performance matter, health care professionals turn to Supplemental Health Care"!

# Nursing Notes & Shots

Preventing needle stick injury is the best approach for healthcare workers to avoid exposure. Needle stick related injuries are often related to improper work practices such as: recapping needles, transferring bodily fluids between containers and failing to dispose of used needles properly. Following safety precautions and using safe work practices will help all healthcare workers minimize the risk of exposure. Healthcare workers should take the following steps to avoid exposure to blood-borne disease.

- Dispose of used needles promptly in Sharps containers
- Avoid recapping needles
- Avoid the use of needles where safe and effective alternatives are available
- Have a plan for safe disposal and handling of needles before beginning the procedure
- Use personal protective equipment such as gloves, gowns, facemasks and eye protection
- Participate in training and education programs that promote safety awareness in your work environment
- Familiarize yourself with the facilities' exposure policy
- Please report all needle stick and sharp related injuries promptly to your Supplemental Health Care Representative



If you and your colleagues are willing to share any additional innovative suggestions that you've implemented to decrease these types of incidents on the units/shifts in your facilities, please contact Maryellen Bojanek, RN, Director of Quality and Clinical Services at [MBojanek@travelnurses.com](mailto:MBojanek@travelnurses.com) and we'll share them in our upcoming newsletters.

Thank you!

## Upcoming Shows

Nursing Spectrum | Melville, New York | March 2, 2007



Geoff Sherman, Area Manager and Maryellen Bojanek, RN, Director of Quality & Clinical Services will be attending the Nursing Spectrum Conference, held in the tri-state area next month. The exhibit/conference will be at the Melville Marriott. If you're attending or know a colleague that is, please come by booth #207 and say hello. We'll be participating in their two raffles...so enter to win a GPS or a portable DVD player!

AORN | Orlando, Florida | March 13th - 15th, 2007



Dan Blatz, Director of Contracts and Lynnette Odom, Retention Manager will be attending the 54th annual AORN Congress held in Orlando this year. Please stop by booth #2388 and enter to win our daily raffles.

Remember, if your colleagues stop by and mention your name as their referral source, you will be entitled to a referral bonus!

# Health Care Professional of the Month



It's a pleasure to present traveling partners Caron Bouma, RN and Sara Dubord, RN as our Health Care Professionals of the Month for February. Nominated by their Recruiting Manager, Theresa Corasanti, the pair are now working on their 4th assignment for Supplemental Health Care at the Willmar Regional Treatment Center, a state hospital in Minnesota.

Sara, a native of Fargo, ND worked in healthcare for 11 years as a CNA before becoming an RN. Sara's mother, Deb has been an RN for over twenty years. Caron, born in Orange City, IA, was raised in Santa Barbara, CA. "My parents and sister returned to the Midwest and I followed them to Minneapolis two years later. I was a studio art major for three years and worked in a group home while I was attending school. My incredible experiences with the clients there led to my entry into the nursing profession."

Caron and Sara met in the nursing program at Fergus Falls Community College in Minnesota and became fast friends. In 2003, they began working as RN's at an inpatient psychiatric hospital in Fargo, primarily with the pediatric and adolescent population. According to Caron, "We met a wonderful nurse named Beth Miller who worked for Supplemental Health Care and was signed on at our facility. We both decided that travel nursing sounded like a fun and exciting opportunity as well as a great learning experience. Psychiatric nursing is a very interesting field and one that we both plan to continue with in the future. Each day is different and many of our experiences have truly been once in a lifetime!" They are both thankful "each day for this opportunity to have impact as nurses in the lives of others."

In a recent correspondence from our facility contact, Diane Nelson praised Sara and Caron, "I would like to take this opportunity to let you know how much we appreciate and enjoy working with Sara and Caron. Their experience is evident; their critical thinking skills are excellent; their energy and enthusiasm is infectious; I could go on and on singing their praises. We will certainly try to continue to extend their contracts for as long as they are willing to remain here. They are definitely keepers!" Sara and Caron relate, "We have both learned so much working with the friendly and knowledgeable staff on the adult mental health unit. We cannot thank them enough. Travel nursing has been challenging, rewarding and a whole lot of fun. We recommend it to everyone. Our recruiter, Theresa has been supportive and helpful as well. She is always there for us and keeps our best interests in mind. We both love working with her." Theresa feels the same way. "Caron and Sara are simply a pleasure to work with. In the time I have spent working with them I have gotten to know them personally and professionally. They are true testaments to Supplemental Health Care's I CARE core values (known as integrity, candor, accountability, respect and excellence) It is a privilege to work with them."

In her free time, Sara enjoys spending time with family and friends as well as her dogs. Gardening, fishing, cooking, reading, stained glass work and hanging out at the lake are other interests. Caron enjoys traveling and spending time with family and friends. "I still love art and continue to do stained glass and photography in my free time." She also loves to go to the "beach whenever possible." Speaking of the beach, the pictures are from a recent 2 week vacation Caron and Sara took on the Cook Islands. "It was truly amazing and would likely not have been possible without making the switch to Supplemental Health Care."

**Everyone at Supplemental Health Care, especially Theresa Corasanti, Recruiting Manager, would like to congratulate Sara and Caron with the Health Care Professional of the Month Award.**



Caron and Sara enjoying their free time



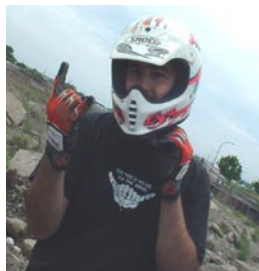
Theresa Corasanti  
Recruiting Manager

**CONGRATULATIONS  
SARA & CARON!**

# Employee of the Month



Sam Battaglia and his fiancée, Karen Morris



Sam dirt biking



Gabby and Lola

It's a pleasure to present Sam Battaglia as February's Employee of the Month. Sam, a native of Buffalo, New York celebrates his second anniversary at Supplemental Health Care this month as part of our IT support team. Sam, the consummate team player, relates, "There are a hundred reasons why I'm successful at Supplemental Health Care and I work with each and every one of them on a daily basis." According to Tina Cindric, Area Manager, "Sam is always around when you need him with a smile on his face. Everyone in our office is grateful for the part he plays in having things run smoothly day to day." During this past autumn's "October Surprise" (two feet of snow with resulting power loss of 8 days), Sam was an integral part of keeping our office up and running. "When it snows I have a shovel and when the power goes out, a flashlight. It felt like the end of the world when the storm hit." Sam speaks highly of his co-worker's commitment to service excellence, "seeing our people making it to the office in those conditions" truly demonstrates that "we're a dedicated team."

Sam and his fiancé, Karen bought their first home this past June. The family also includes two cocker spaniels, two year old Gabby and a very recent addition, 14 week old Lola. Karen and Sam are outdoor enthusiasts who enjoy camping, four wheeling and downhill skiing. In his free time, at his new home, Sam enjoys tinkering in the garage, working on small engine repairs as well as building carts and buggies.

Roswell Park Memorial Hospital, consistently rated as part of the top five leading oncology facilities in the country, is located in Buffalo, New York. Sam is an active volunteer in their fundraising activities helping with everything from websites to car washes. Sam is "a firm believer in treating others as you would like to be treated in return." In his professional and personal endeavors, Sam consistently models for all of us our I CARE core values of integrity, candor, accountability, respect and excellence.

**Congratulations and thank you from all of your co-workers at Supplemental Health Care for your well deserved Employee of the Month recognition, Sam!!!**

## The Compliance Corner

All of our compliance staff encourages you to take advantage of the \$100 compliance bonus!!!

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