



## Happy Perioperative Nurse Week! November 9-15, 2008

This issue is dedicated to our perioperative nurses. We recognize perioperative nurses for their professional excellence, dedication to patient care and attention to accuracy and safety.

The theme for Perioperative Nurse Week 2008 is *Perioperative Nurses: Influencing the Future of Safe Patient Care*. AORN (The Association of Perioperative Registered Nurses) created this annual week to celebrate perioperative nurses.

Thank you for the excellent patient care you provide both in and out of the operating room.

## Supplemental Health Care Announces Recruiting Specialization

Supplemental Health Care has restructured our recruiting staff into areas of specialization—including OR, Cath Lab, Pediatric, Labor & Delivery, Psych, and Corrections. These specialized recruiters offer advantages not just in their sound understanding of the speciality but also in advocating for the nurse and recognizing and evaluating opportunities.

This specialization allows us to develop a stronger understanding of the skills and background of the nurse as well as the terminology and types of experience that are specific to that speciality.

Our speciality recruiters are able to be an advocate for the nurse. They are a step ahead in communicating the skills and experience of the nurse to the facility. By understanding the realities and

dynamics of the speciality, the recruiter can negotiate better packages and more effectively market to the facilities.

For our perioperative nurses we have a dedicated team of seven recruiters to support you. Carrie Huff, Beth Cirbus, Candie Meyers, David Tucci, Laura Ugowski, Mitch Namynanik and Randi Winkelman make up the OR team. With more than 35 years of combined OR recruiting experience, they are experts at matching perioperative nurses with the best opportunities.

If you are a nurse specializing in something other than OR, don't worry, one of our other teams is ready to help you with your next career move.

*Supplemental Health Care strives to provide the best opportunities to our travel nurses. Call us today to talk to a recruiter specially trained to help you.*

*Speciality  
recruiters are a  
step ahead in  
communicating  
the skills...*



Call us today  
**1.800.224.3037**

# Traveler Profile

Mary Selgrat shares her experience

Mary has been a traveling OR nurse for nine years and has worked for Supplemental Health Care for the last five and a half years. Her recruiter Candie Meyers helps her find assignments in the mid-west so that her dogs don't have to go too far. We spoke to Mary about her travel nursing experiences.

"I probably would have gotten out of nursing if I hadn't become a traveler." Mary told us that she values the independence she has achieved. "Being a traveler gives you a different perspective and attitude." Mary told us that the sense of flexibility and the ability to have a say in the assignments she takes is very important to her. She enjoys, "being able to choose to move on at the end of an assignment with no hard feelings."

Mary told us, "I don't know if I could go back to being permanent staff. Being a traveler is like you are dating, not married." She enjoys the feeling of "not being owned," and the ability to stay on the periphery of the politics. You can go to work and have a good time without having to

*"I don't know if I could go back to being permanent staff"*

become caught up in the complications of a permanent position.

Mary has four well-loved dogs. Her current assignment is in Rockford, Illinois and she has made arrangements to stay nearby where she can keep her dogs with her. Supplemental Health Care supports her traveling with her dogs not only in finding suitable assignments but also by helping her find pet-friendly accommodation.

Traveling allows her to avoid being caught in the grind that one might feel in a permanent position. She has worked some extended assignments over the years and admitted that it can be hard to leave behind good people. She feels she has had great opportunities to work big cases and to be a part of great crews.

She offered this advice for new travelers: "People are looking to see if you are there to work and help out or if you are there to goof off... People will

treat you well if you are there to work... You kind of have to set a higher standard for yourself. That way people will know you are there to help out and will treat you well."

Mary told us that the other key to successful traveling is to never present yourself as someone who knows how to do something when you don't. "If you don't know, don't claim it."

Mary didn't start traveling until her early forties but feels that you are never too old to try something new. She told us that she has a dream of going into show business to become a singer and a fiddler. She may just squeeze that in between assignments.

She said that if you are willing to adapt you can follow your dream.

*Thank you, Mary for sharing your advice and experience with us.*



Mary's Dogs - Bailey, Max, Guinness and Scooter

## We Need Your Photos and Stories

We are offering a \$20 gift card when you tell us about your travels

This newsletter is a great place to share your photos and stories from your experiences in travel nursing. We would love to hear anecdotes from the places you've visited.

You could share your favorite tip or best advice to help out our newest travelers. You could tell us about a secret spot in the last city you visited. Perhaps you could recount

the craziest thing you have done like bungee jumping or sky diving.

We are offering \$20 gift cards for anything that ends up published in this newsletter. Please send your submissions or questions to: [news@travelnurses.com](mailto:news@travelnurses.com)

Remember to include your contact information. We look forward to sharing your experiences with all of our travelers.



Call Us today  
**1.800.224.3037**

**Courage is not the absence of fear and pain, but the affirmation of life despite fear and pain. - Rabbi Earl Grollman**

# Where Do You Want To Be For The Holidays?

The holiday season is a time for celebration, friends, family and more. Let Supplemental Health Care find you the perfect place to spend this festive time of the year. We can help arrange for you to work near your parents, siblings or grandparents. You could go shopping with your mother or sledding with your nephew. You could even work near your new grandchild and offer your baby-sitting services.



Perhaps you would like to spend your holidays in a snowy part of the country,



snuggling in a white wonderland and sipping a steaming cup of hot chocolate in front of a fire.

Are you a football fan? Maybe you have always wanted to go to one of the bowl games or one of the New Year's Day parades?

How about traveling to a part of the country where you never have to take your jacket out of the closet? You could take a New Year's stroll on a sandy beach and even let the ocean wash over your toes.

*We have assignment opportunities in over two thousand facilities nationwide. With the holidays right around the corner, now is the time to figure out where you would like to spend the season of cheer. Call us today!*



**Kindness  
is a language  
that the deaf  
can hear and  
the blind can  
see.  
-Mark Twain**

## Compliance Corner

*A couple of quick tips to help improve patient safety*

A critical part of the delivery of quality patient care is the safe administration of medications. The "Five Rights" of medication administration has long been the mnemonic used as the first step to aid the health care professional with this important practice. Remember to review the "Five Rights" every time you administer a medication:

- Right Patient
- Right Drug
- Right Dose

- Right Time
- Right Route

Also, changes have been made to the National Patient Safety Goals for 2009. Review the updated goals at The Joint Commission website: <http://www.jointcommission.org/PatientSafety/NationalPatientSafetyGoals/>

If you have additional questions please feel free to call the Quality Assurance and Clinical Services Department at 800.244.8912.



Call us today **1.800.224.3037**



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Week!

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We Need Your Photos  
and Stories

Hot Jobs



## Hot Jobs

- **Fresno, California-** CVOR RN for 10 hour days, with call, in a 4 suite OR. Completion bonus up to \$7,500 for the first assignment. Candidates need to be experienced travelers with a minimum of 2 years pertinent experience. Open Heart & Vascular procedures experience required.

Must be comfortable floating within the scope of practice should the need arise. Should also be comfortable with da Vinci Robotics.

- **Bakersfield, California-** OR RN General Surgery (must be comfortable with Neuro, OBGYN, and Ortho) 8 hour shifts—\$3K completion bonus!
- **Orlando, Florida-** OR RN outpatient surgery center, Mon–Fri no weekends, call or holidays!

